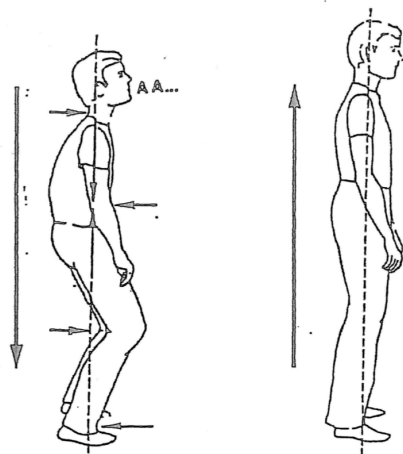
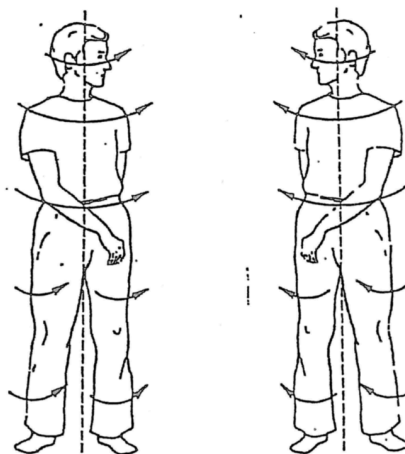


DE TRE BASALE KOORDINATIONER

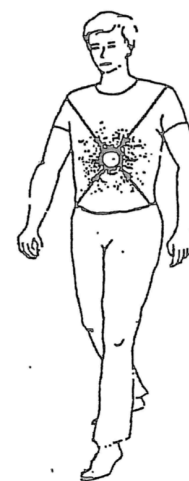
FLEXION/EXTENSION



ROTATION



VRID/MODVRID



Kilde:

Jaques Dropsy 1984: "Den harmoniske krop"

Rev.2019/KN

www.bodyawareness.dk